

20 seconds to Germ-Free Hands



Hand Rubbing with Sanitiser



1 Apply the product on the palm of one hand



2 Rub hands together



3 Cover all surfaces until hands feel dry (Sanitised in 20 sec)

Hand Washing with Soap



1 Wet hands



2 Apply soap



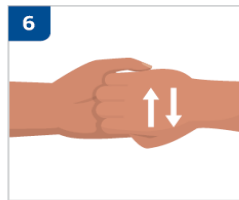
3 Rub hands palm to palm



4 Lather the backs of the hands



5 Scrub between your fingers



6 Rub back of fingers on opposing palms



7 Clean thumbs



8 Wash fingernails and fingertips



9 Rinse hands



10 Dry with a single-use towel



11 Use the towel to turn off the faucet



12 Your hands are clean! (Handwash in 20 sec)

